

MONTHLY NEWSLETTER



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What's in this month's issue: ?

- 1. IMET2000 Empowers HCPs with Clinical Research Training at Rafidia Surgical Governmental Hospital**
- 2. IMET2000 Supports Dr Asala Awwad's Child Psychiatry Training in the UK**
- 3. IMET2000 Empowers Gazan Medical Student Ahmad Mansour with UK Clinical Training Opportunity**
- 4. IMET2000 Expands Emergency Response Training with Two ACLS Workshops for Jenin Governmental Hospital Physicians**
- 5. IMET2000 Launches the 4th Soft Skills Programme for Junior Professionals and Healthcare Students**
- 6. IMET2000 Empower the Star Mountain Centre Care Providers with HeartSaver® and First Aid Training**
- 7. IMET2000 Awards Scholarships to Undergraduate Health and Medical Students Scholarship in Palestine**
- 8. IMET2000–Pal Signs Cooperation Agreement with Inash Al-Usra College and Delivers Inaugural Stop the Bleed Training**
- 9. Travel Bursary Awardes to Dr Mohammad Ibrahim for the Psychiatry Congress in the UK**
- 10. IMET2000–Pal Holds Basic Life Support Training Workshop for Doctors and Nurses**



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IMET2000 Empowers HCPs with Clinical Research Training at Rafidia Surgical Governmental Hospital

IMET2000 conducts an on-site Clinical Research Training for Beginners at Rafidia Governmental Hospital in collaboration with the hospital's Continuous Medical Education (CME) Department. The two-day training took place from July 9 to 10, 2025. The programme welcomed 15 participants, including physicians, nurses, and infection control officers.



The programme was designed to equip participants with practical skills in clinical research methodologies, aiming to improve both the quality and quantity of clinical research conducted in Palestine. Core topics included the fundamentals of clinical research, best practices in conducting clinical audits, academic writing, and effective dissemination of research findings.

The training was led by Prof Malik Zaben, CEO of IMET2000 and Dean of the Faculty of Medicine at the Arab American University of Palestine. Participants expressed their sincere appreciation to IMET2000 for their efforts in strengthening research skills and supporting their professional growth. They also reported high satisfaction with the quality and relevance of the training, noting its positive impact on their clinical practice.



IMET2000 Supports Dr Asala Awwad's Child Psychiatry Training in the UK

In a significant step to strengthen the presence of Palestinian medical professionals in specialised fields, Dr Asala Awwad from Bethlehem is currently participating in an advanced training programme in Child Psychiatry at the Valentin Centre in Leicester, United Kingdom. This opportunity is made possible with the support of IMET2000.

This training forms part of IMET2000's ongoing commitment to equipping the Palestinian healthcare sector with highly skilled professionals trained in line with the latest international practices, particularly in mental health care, which remains critically underserved in Palestine.



Dr Asala, a graduate of Al-Quds University, is currently a fourth-year psychiatry resident at Dr Mohammad Said Kamal Psychiatric Hospital in Bethlehem. This training offers a valuable opportunity to gain advanced skills and contribute to improving child mental health services in Palestine.

She expressed her gratitude to IMET2000, stating:

"This opportunity will greatly enhance the quality of care I can provide to children and their families in Palestine. I am deeply thankful to IMET2000 for their continued support and trust."

IMET2000 Empowers Gazan Medical Student Ahmad Mansour with UK Clinical Training Opportunity



IMET2000 awarded a clinical travel bursary to Mr Ahmad Mansour, a fifth-year medical student from Gaza currently studying at Zagazig University in Egypt.

The bursary enabled Mr Ahmad to undertake a clinical placement at the Cardiology Department at Royal Free Hospital in London, one of the UK's leading teaching hospitals.

During his training, he gained hands-on experience in a high-level clinical environment, observed advanced medical protocols, and engaged with consultants and healthcare professionals from diverse backgrounds, enhancing both his clinical knowledge and professional skills.

Reflecting on the experience, Mr Ahmad said:

"This has been a turning point in my medical journey, offering me invaluable exposure to modern healthcare systems and multidisciplinary approaches to patient care."

This support is part of IMET2000's ongoing commitment to providing Palestinian healthcare professionals in Gaza with high-quality international training, helping to build a stronger and more sustainable healthcare system in Palestine.



IMET2000 Expands Emergency Response Training with Two ACLS Workshops for Jenin Governmental Hospital Physicians

As part of its ongoing mission to strengthen emergency care capabilities among Palestinian healthcare professionals in Jenin, IMET2000 conducted two:

Advanced Cardiovascular Life Support (ACLS) training workshops

Specifically targeting physicians from Jenin Governmental Hospital — a key institution serving the northern West Bank.



July 20–21



The first workshop took place on July 20–21, followed by a second on July 27–28. Each session welcomed six physicians, bringing the total number of trained participants to 12.

Both workshops were led by American Heart Association (AHA)-certified instructors and covered essential emergency care topics, including the management of respiratory and cardiac arrest, symptomatic bradycardia, airway and stroke management, and related pharmacological interventions. A strong emphasis was also placed on communication and leadership within ACLS teams.



July 27–28



By equipping physicians in Jenin with advanced life-saving skills, IMET2000 continues to invest in building a resilient and responsive Palestinian healthcare system.

IMET2000 Launches the 4th Soft Skills Programme for Junior Professionals and Healthcare Students

Within its Continuous Professional Development (CPD) Programme, IMET2000 successfully organised the 4th volume of its Soft Skills Programme, aimed at empowering healthcare students and junior professionals with essential employability skills.

The programme ran from 10th June to 1st July 2025, featuring three interactive sessions attended by over 75 participants from diverse healthcare backgrounds. The first two sessions, delivered online via Zoom, focused on leadership, communication, and CV writing skills. The third session was held in person at the IMET2000-Pal Centre in Ramallah, with a practical workshop on interview skills.

Prof Malik Zaben, CEO of IMET2000 and Dean of the Faculty of Medicine at the Arab American University of Palestine, led the training. Prof Zaben provided participants with practical simulations and professional guidance to strengthen their leadership abilities and career readiness.

Participants expressed their appreciation for IMET2000's continuous efforts in supporting their professional development. Feedback highlighted high satisfaction with the programme's quality and relevance, with many participants recommending it to their peers.



Why Leadership Matters in Health Sciences/ Medicine

- Health Sciences/Medicine is/are more than clinical expertise—it's about
 - influencing change
 - leading teams
 - improving systems
- Leadership affects **patient outcomes, staff morale, and healthcare innovation.**
- Healthcare Professionals/ doctors often become default leaders in research, health policy, and communities.



June 10



Teaching

- Formal vs. informal
- think about:
 - the range of teaching you are delivering
 - the setting that it takes place in
 - is it one-to-one, group work or large-scale teaching settings.
- It is also useful to consider how you monitor and evaluate the success of your teaching and include these details in your CV.



June 16



July 1

6. IMET2000 Empower the Star Mountain Centre Care Providers with HeartSaver® and First Aid Training

Earlier this month, IMET2000-Pal and Star Mountain Centre signed a Memorandum of Understanding to support the rehabilitation of children with disabilities and enhance the professional skills of the staff and promote a safer, higher-quality care environment.



The first activity under this partnership took place on Tuesday, 22nd July 2025, with the delivery of a specialist training workshop titled **Heartsaver® and First Aid Training for Care Providers**, held at the Star Mountain Centre, Ramallah. Attended by 17 participants.

The training focused on enhancing the ability of staff to respond effectively to emergencies within care and rehabilitation settings, ensuring they are equipped with practical, life-saving skills for rapid and safe intervention in the event of emergencies involving children or colleagues.

Throughout the day, participants engaged in practical, hands-on sessions covering essential first aid techniques. This training is led by AHA-certified instructors.



IMET2000 Awards Scholarships to Undergraduate Health and Medical Students Scholarship in Palestine



Amid the ongoing challenges in Palestine, and in recognition of the pivotal role of education in strengthening the healthcare sector, IMET2000 has awarded a total of 44 partial scholarships in 2025 to medical and nursing students from various Palestinian universities, including 25 students from Gaza and 19 students from the West Bank.

Through this initiative, IMET2000 aims to enable medical and nursing students to continue their academic journey and contribute to the advancement of the healthcare sector across Palestine by equipping future doctors with essential medical knowledge and clinical skills, ultimately enhancing the quality of healthcare services provided to their communities.

The students expressed their sincere gratitude and appreciation to IMET2000 for granting these scholarships, which have played a crucial role in allowing them to continue their education despite the considerable challenges they face.

The students emphasised that this support goes beyond financial assistance, serving as a powerful source of motivation and encouragement to persevere in their academic and professional aspirations during these exceptionally challenging times.

IMET2000-Pal Signs Cooperation Agreement with Inash Al-Usra College of Nursing and Delivers Inaugural Stop the Bleed Training

In a significant step toward advancing nursing education in Palestine, IMET2000-Pal has signed a cooperation agreement with Inash Al-Usra College of Nursing. This strategic partnership is designed to strengthen the clinical competencies of nursing students through cutting-edge training programmes tailored to real-world healthcare challenges.



To kick off this collaboration, IMET2000-Pal delivered its **Stop the Bleed workshop training** for 18 nursing students at Inash Al-Usra.

The workshop was led by Mr Fady Zaben, IMET2000-Pal's representative ACS instructor, who opened the session with a comprehensive introduction highlighting the critical importance of the course. He emphasised the need to equip future nurses with the skills required to respond effectively to life-threatening bleeding incidents, which may occur both in clinical environments and everyday situations.

The training combined theory and hands-on practice, where students engaged with high-fidelity mannequins. Participants mastered three care bleeding control techniques: wound compression, wound packing, and tourniquet application to ensure they are ready to respond confidently in real-life emergencies.



Travel Bursary Awarded to Dr Mohammad Ibrahim for the Psychiatry Congress in the UK



Dr Mohammad Ibrahim

As part of its ongoing efforts to support the professional development of Palestinian healthcare professionals, IMET2000 awarded a Travel Bursary Grant to Dr Mohammad Ibrahim from Tulkarm City, enabling him to attend:

"The Royal College of Psychiatrists International Congress in the UK"

This prestigious award provided Dr Ibrahim with the opportunity to present his research, titled **"Depression and Death Anxiety Among Patients Undergoing Haemodialysis During the COVID-19 Pandemic in Palestine,"** at the congress. In addition to presenting his research, Dr Ibrahim actively engaged in academic and practical knowledge exchange with colleagues from across the globe in the fields of Psychiatry and Mental Health.

Expressing his sincere gratitude to IMET2000, Dr Ibrahim emphasised his commitment to applying the knowledge and skills acquired from the congress in his clinical practice in Palestine, while also sharing these insights with his peers.

He expressed his gratitude to IMET2000, stating:

"Your encouragement and support have granted me a meaningful opportunity to advance my professional development, connect with leading experts in the field, and gather valuable insights that will enrich both my clinical practice and our broader community. I am truly grateful for your commitment to lifelong learning and the sharing of knowledge."

IMET2000-Pal Holds Basic Life Support Training Workshop for Doctors and Nurses

Recognising the vital role of immediate response in saving lives, IMET2000-Pal conducted a specialised training workshop titled:

“Critical Core Training: Basic Life Support (BLS) Training for Healthcare Professionals

The session took place on **July 16 at the IMET2000-Pal Training Centre** in Ramallah, with the participation of nine doctors and nurses.

The workshop provided essential theoretical knowledge and practical skills in cardiopulmonary resuscitation (CPR) for adults, children, and infants, as well as training on the safe and effective use of Automated External Defibrillators (AEDs).

The training was delivered by a certified instructor accredited by the American Heart Association (AHA), ensuring participants received up-to-date, standardised instruction in line with international guidelines.

